



Want to help families feel healthier and happier?

Refer a family to Beezee Families today. It's an award-winning, **FREE**, healthy lifestyle programme, designed to help families make healthy habits that last for life. We'll find support that's right for them. They can:



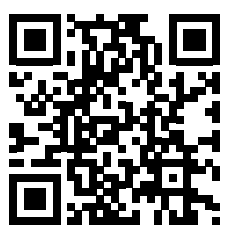
Join us for
12 weeks of
in-person
support



Log in for 10 weeks
of online group
sessions, plus 2
check-in calls



Learn at their
own pace by
enrolling onto
the Academy



bhb.maximusuk.co.uk

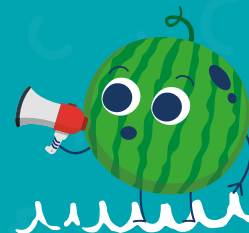
Refer a
family today



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Be
Healthy
Bucks